



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09517, Apple juice, canned or bottled, unsweetened, with added ascorbic acid, calcium, and potassium

Report Date: May 22, 2017 00:46 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	87.92	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Energy	kcal	48	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Energy	kJ	201	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Protein ¹	g	0.12	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Total lipid (fat) ¹	g	0.17	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Ash ¹	g	0.31	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Carbohydrate, by difference	g	11.49	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fiber, total dietary ¹	g	0.3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Sugars, total ¹	g	9.47	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	1.20	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Glucose (dextrose) 1	g	2.57	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Fructose 1	g	5.70	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Lactose 1	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Maltose 1	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Galactose 1	g	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Minerals													
Calcium, Ca 1	mg	70	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Iron, Fe 1	mg	0.13	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Magnesium, Mg 1	mg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Phosphorus, P 1	mg	9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K	mg	184	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014
Sodium, Na ¹	mg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Zinc, Zn ¹	mg	0.04	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Copper, Cu ¹	mg	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Manganese, Mn ¹	mg	0.035	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Selenium, Se	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	30.3	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	05/2014
Thiamin ¹	mg	0.004	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Riboflavin ¹	mg	0.015	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Niacin ¹	mg	0.067	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid ¹	mg	0.049	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamin B-6 ¹	mg	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, total ¹	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folic acid ¹	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, food ¹	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Folate, DFE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Choline, total ¹	mg	1.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Betaine ¹	mg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2014
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Retinol	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Carotene, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin A, IU	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Lutein + zeaxanthin	µg	16	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin E (alpha-tocopherol)	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Lipids													
Fatty acids, total saturated	g	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
14:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
16:0	g	0.023	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:0	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total monounsaturated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:1 undifferentiated	g	0.006	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Fatty acids, total polyunsaturated	g	0.051	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:2 undifferentiated	g	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:3 undifferentiated	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09400	03/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2015

Sources of Data¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 6f, 2002 Beltsville MD

